

SHOREHAM RUGBY FOOTBALL CLUB

Code of conduct for coaches

Whether playing, training or watching a game of rugby the way you behave reflects, YOU, YOUR TEAM and SHOREHAM RUGBY FOOTBALL CLUB to everyone watching.

The following Codes are designed to promote the elements of enjoyment and satisfaction, the contribution that can be made by non-players and to remind all people involved with the game that there are certain standards of fair play and conduct that should be maintained at all times.

Young people come into Rugby Union for a variety of reasons, it is the duty of the coach to recognise this and stimulate continued participation. Coaches have a responsibility to ensure that all youngsters are given the opportunity to fulfil their aspirations in a caring environment where the emphasis is on:

FUN - ENJOYMENT - SKILL DEVELOPMENT

1. Coaches will recognise the worth of every player.
2. Recognise the importance of fun and enjoyment when coaching young players. Most learning is achieved through 'doing'.
3. The needs of the players will be considered during the rugby session.
4. Coaches will provide a positive role model for the players- think what this implies.
5. Winning and losing will be kept in perspective and coaches will teach and encourage their players to remember this.
6. Respect will be shown to referees and the decisions they make (remember it could be you refereeing next week) and their players will be encouraged to follow this lead.
7. Coaches will offer positive feedback to players and only provide constructive criticism.
8. Correct and appropriate play will be offered to each age group.
9. Children will be coached in a safe environment - adequate equipment, facilities and first aid equipment readily at hand.
10. Coaches will ensure all players are played and their worth, despite ability, celebrated and encouraged.
11. No player will be allowed to play if injured.
12. Coaches will ensure appropriate supervision is given to players at all times, home or away.
13. Weather conditions will be monitored and the effects on players will be considered.
Recognise that young players should never be exposed to extremes of heat, cold or unacceptable risk of injury. Coaches will ensure that your knowledge and coaching strategies are up to date and in line with RFU philosophy.
14. Training and matches will be organised and develop through the season according to the age ranges.
15. Recognise that it is illegal for young players under 18 to drink alcohol
16. Coaches will abide by the 'Safeguarding procedures' of the club.
17. Coaches will be aware of and abide by the RFU's procedures for residential tours.

Coaches working with young players up to the age of 12 must follow the guidelines laid down by the RFU Continuum.

Coaches working with young players at age 13+ must be aware of the Under 19 and Under 15 law variations.

**THIS IS
RUGBY.**

Teamwork Respect Enjoyment Discipline Sportsmanship