

SHOREHAM RUGBY FOOTBALL CLUB

SENIOR PLAYER'S CODE of CONDUCT

Whether playing at home or away, training or watching a game of rugby the way you behave reflects, **YOU, THE TEAM and SHOREHAM RUGBY FOOTBALL CLUB** to everyone watching.

The following Code is designed to promote the elements of enjoyment and satisfaction, the contribution that can be made by you as a player and to remind all people involved with the game that there are certain standards of fair play and conduct that should be maintained at all times.

Players are encouraged to:

- Recognise and appreciate the efforts made by coaches, match officials and administrators in providing the opportunity for you to play and enjoy the game of rugby.
- Understand the values of loyalty and commitment to the team and to Shoreham RFC
- Recognise that every player has a right to expect their involvement in rugby to be safe and free from all types of harassment or abuse.
- If as an individual or group of players you feel that you are not being treated in a manner that is acceptable, then you have a right to tell a member of the Committee.

At all times, whether on, or off the field you are expected to behave as follows:

- Behave in an acceptable way at all times.
- Listen and act on any instructions given to you by: Team/Tour Manager or Coach responsible for any activity/pursuit you may be involved in.
- Be responsible and safety conscious at all times.
- Respect other people and their possessions.
- If staying in hotels or other accommodation treat it respectfully, do not damage or steal anything.
- Report any damage to the Team/Tour Manager or a Coach.
- Treat with respect the oppositions' clubhouse and traditions.

When Playing

- Play because you want to do so, not to please coaches or others.
- Remember that skill development, fun and enjoyment are the most important parts of the game.
- Work equally hard for yourself and your team – both will then benefit.
- Recognise good play by **ALL** players on your team and by your opponents.
- Be a sportsman win or lose.
- Play to the Laws of the Game and accept, without question, all the referee's decisions.
- Control your emotions. Verbal or physical abuse of teammates, opponents, match officials or spectators **IS NOT ACCEPTABLE**.
- Treat all players, as you would like to be treated. Do not interfere with, bully or take unfair advantage of any player.

Failure to abide by any of the above standards will be treated seriously by the club's Discipline SubCommittee.

**THIS IS
RUGBY.**

Teamwork Respect Enjoyment Discipline Sportsmanship