

SHOREHAM RUGBY FOOTBALL CLUB

Anti-Bullying Policy

What is Bullying?

Bullying is the use of aggression with the intention of hurting another person. Bullying results in pain and distress to the victim.

Principles

This behaviour is not acceptable and will not be tolerated by the club.

The club encourages players to feel they can discuss bullying if it is happening to them or another player.

To be assured that the behaviour will be taken seriously and procedures followed.

It is the responsibility of every adult to ensure players enjoy the sport and do not feel at risk.

Types of Bullying

- Emotional-being unfriendly, excluding (emotionally and physically), tormenting (eg hiding rugby kit, threatening gestures including sending text messages).
- Physical-pushing, hitting, punching or any use of violence.
- Racist-racial taunts, graffiti, gestures.
- Sexual-unwanted physical contact or sexually abusive comments.
- Homophobic-because of, or focusing on the issue of sexuality.
- Verbal-name calling, sarcasm, spreading rumours, teasing.

Signs of Bullying

- The child doesn't want to attend training.
- They change their usual routines.
- They begin to be disruptive during sessions.
- The child becomes withdrawn anxious or lacking in confidence.
- Their possessions go missing.
- The child becomes aggressive, disruptive or unreasonable.
- They start stammering.
- They have unexplained cuts or bruises.
- Begins to bully other children.
- The child stops eating.
- When asked they are too frightened to say what's wrong.

Procedures

All coaches report incidents to the Club Safeguarding Officer and complete an Incident Form.

The Club Safeguarding Officer will report the incident to the RFU Child Protection Officer if an adult has been accused, however if this is between children then it will be dealt with within the club.

Parents may be informed and asked to accompany their children to a meeting.

If necessary, police will be informed of the incident.

If mediation fails and the child's behaviour continues disciplinary action will take place.

**THIS IS
RUGBY.**

Teamwork Respect Enjoyment Discipline Sportsmanship